

Edward C. Mazique Parent Child Center, Inc.

Ruth Rucker Cooking /Canning/Nutrition Class for Parents



Want to cook tasty, nourishing meals in a commercial kitchen?

Want to learn kitchen tips from Chef Herbert Holden?

Want to discover ways to save on your food budget?

Contact: Dr. Janet Unonu (202)462 3375 ext. 276

Please complete the following form and turn in to Room 302

Name _____

Address _____

Phone Number _____ Email _____

Site _____ Child's Class _____